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## LUCY FRENCH SCHOOL OF DANCE TERM STARTS SEPTEMBER 9TH

All current students places have been kept, please contact the school if your child is not returning. Students taken from  $2^{1}/_{2}$  - 18 years of age.

#### MONDAY (New Hip Hop and Breakdance Teacher: CLAIRE HATTIE) 3.30-4.15 Boy's Street and Breakdance

- 3.30-4.15 Boy's Street and Breakdance (Age 6-8) Full
- 4.15-5.00 Hip Hop A (Age 8-10)
- 5.00-5.45 Hip Hop B (Age 10-12)
- 5.45-6.30 Boy's Street and Breakdance (Age 9+)
- 6.30-7.30 Hip Hop C (Age 12-15)Full
- 7.30-9.00 Senior Hip Hop (15+)

#### TUESDAY

- 3.30-4.00 Natural Movement (Full)
- 4.00-4.45 R.A.D Pre Primary (Full)
- 4.45-5.30 R.A.D Grade 3 Ballet (Age 10+) (New)
- 5.30-6.30 R.A.D Grade 4 Ballet( Full)
- 6.30-7.30 R.A.D Inter Foundation Ballet
- 7.30-8.45 Contemporary (15+ must have ballet experience)

#### WEDNESDAY

4.00-4.45 R.A.D Pre Primary (Full)

#### WEDNESDAY (continued)

4.45-5.30 R.A.D Primary 5.30-6.15 R.A.D Grade 1 Ballet 6.15-7.15 R.A.D Grade 2 Ballet (Full) 7.15-8.15 R.A.D Grade 4 Ballet (Full) 8.15-9.15 R.A.D Inter Ballet

#### THURSDAY

- 3.30-4.30 Jazz A (Age 6-8) (Full)
- 4.30-5.30 Jazz B (Age 8-10) (Full)
- 5.30-6.30 Jazz C (Age 10-12) (Full)
- 6.30-7.30 Senior Jazz (Age 12+)
- 7.30-9.00 Jazz Repertoire (Age 15+ must have prior experience)

#### FRIDAY

4.00-4.45	R.A.D Primary Ballet (Age 6+) New
4.45-5.45	R.A.D Grade 3 Ballet (Age 10+) (New)
6.00-7.00	R.A.D Inter Foundation Ballet
7.00-7.45	Pointe Class Inter Foundation and Inter
7.45-8.45	R.A.D Inter Ballet

For further information and to book a place please call 087 9521463 or 021 4773553 NAMES CAN BE PLACED ON OUR WAITING LIST www.lucyfrenchschoolofdance.com



BACK TO SCHOOL EARLY BIRD SPECIAL at Write on!! 10% discount when you spend over €20 on stationery\* Display, A4 and Lever Arch Folders Maths Sets, Rulers, Scale Rules. Booklist Calculators, Book and Copy Coverings, Crayons, Pencils, Pens, Sharpeners, Pencil Grippers and Erasers galore!! Laundry Pens, Notebooks, Music and Business Copies. Refill and Spiral Pads, Project and Scrap Books. Smash range of BPA free Lunch Boxes & Drinks Bottles. Drop us your stationery list and we will get it ready for you! If you like having local shops, then shop local!!! 5 Market Street, Kinsale, 4774282 \*Offer runs from Fri 9th Aug to Sat 17th Aug



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#### TAX SERVICES

Based in Kinsale, Co. Cork our Taxation Consultancy Services are designed to offer you and your business the most favourable tax-efficient solutions. Tax should be treated like any other business cost. Whether you are dealing with income tax, corporation tax, capital gains tax or inheritance tax, our tax consultants will help you to be in control and minimise the cost to your business. We adopt a proactive and commercial approach to your tax planning. We ensure that taxation advice is not given in a vacuum and that it

takes account of personal circumstances, the economic and business context and is specifically designed to achieve your long-term objectives. Our experienced Tax Consultants have the knowledge and expertise to advise individuals and businesses on all areas of Irish and International tax.

We have developed an income tax checklist to make sure you are claiming all your allowances and reliefs and work in a totally private and confidential manner.



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- R & D TAX CREDITS

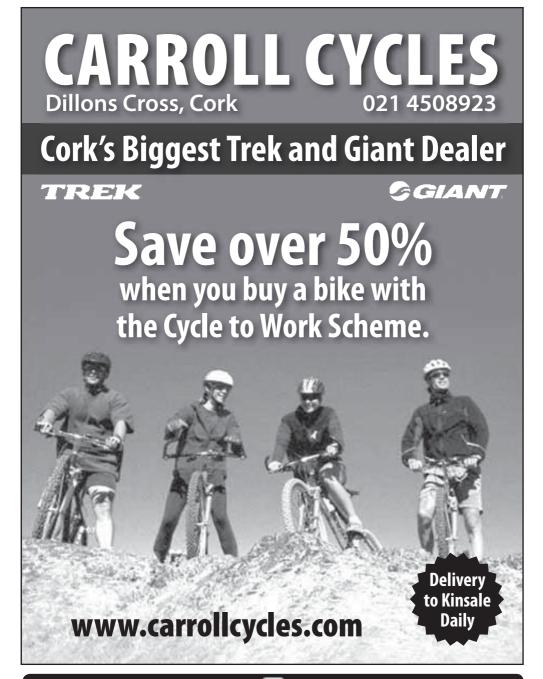


Registered to carry out audit work and authorised to carry on investment business by the Institute of Certified Public Accountants in Ireland

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## Gourmet Café

The Old Bank House and Food Store is the perfect place for a delicious breakfast or lunch, with great service in a comfortable atmosphere. Serving only the best to you!

- Great Coffee / Iced Coffee Breakfast
- Tasty Lunches

Smoothies

- Sit in or Take Out
- Sandwiches/Wraps
- Cakes
- Juices and more!

## Gourmet Food Store

A wide range of fresh products produced daily in-house by our chefs. A selection of great food and products can be purchased here including:

#### · Fresh from Kinsale Range of Products

- · Ballymaloe range of products
- BBQ Range
- Fresh Cakes & Pastries
- Clonakilty Pudding & Sausages
- Freshly Made Bread & Baguettes
- Glenilen Farm Products
- Selection of sauces and Preserves
- Gourmet Hampers

Coming soon new range from Culinary Concepts and Emma Bridgewater to our shop and online store.

#### ~ OUTSIDE CATERING AVAILABLE ~

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Tel: 021-4706090 | www.oldbankhousekinsale.com | 10/11 Pearse Street, Kinsale, Co. Cork



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#### SUMMER GATHERING Mother & Baby/Toddler Cuppa and Chat

Come and meet other mums, have a cuppa and a chat while you watch your child play.

Temperance Hall Thursday August 22nd 10am to 12 noon

All welcome! For info contact Mary 085 745 9011





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## KINSALE LIONS GOLF CLASSIC

Farrangalway, home to Kinsale Golf Club, was the idyllic setting for the 2013 Golf Classic run by Kinsale Lions Club recently. Forty teams

took part, and there were over one hundred sponsors to help make the event successful in terms of  $\in 15,000$  charity funds raised, as well as providing a great days golf in excellent conditions.

Lions President Eamon Jackson said how grateful the Lions were to Kinsale Golf Club for providing their award winning course for the Golf Classic. Kinsale Golf President Ned Lambe responded, and promised the ongoing support of the golf club for Kinsale Lions, who they recognised as working for the local community.

Given the good conditions, scoring was high, with Trident Hotel taking the honours on 92 points. Second team was Goodbody Wealth Management, also on 92 points but separated on back nine. The Robinson/Moore team was placed third, on 91 points.

#### The Annual Golf Classic is a major source of Lions Club funds.

In addition to the Golf Club, Kinsale Lions Club thank all others concerned with the event, especially the local businesses who contribute by sponsoring tee boxes and sponsoring teams. Many local individuals contribute by making up a team to take part.

Throughout the year, local charities and local projects benefit from the Lions' input, whether by direct donation or by the voluntary services of the Lions Members.



Spaniard Scilly, KINSALE

Tel: 477 2436 | www.thespaniard.ie

~ Live Music ~ <u>Friday 9th August</u> **Jug A Punch**, 10.00pm <u>Saturday 10th August</u> **For Folk Sake**, 10.00pm

Sunday 11th August Trilogy, 6.00pm-8.00pm

Monday 12th August Trad Session. 9.30pm

Wednesday 14th August Easy Folk with Joe, 9.30pm

Bar Food Served All Day Every Day

♦ Restaurant ♦Open Nightly from 6pm

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For more information please contact 021 477 9900 leisure@actonshotelkinsale.com | www.actonshotelkinsale.com





New Extensive Bar Menu Now Available 10am - 10pm Daily

Outdoor Garden Area Now Open

of Kinsale



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f: 021 4773243 e: info@kinsaletiles.com www.kinsaletiles.com Kinsale Tile Store, Guardwell, Kinsale.



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janeneville21@gmail.com

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Bar Food Served Daily from 12.30pm Restaurant Open Tues - Sun from 6pm

Sunday Nights CLUB ON THE ROCKS in the Restaurant With Billy Crosbie at 8pm Book your table to avoid disappointment. Bar food menu served in the Restaurant.

> Saturday 10th August The Jooks 10.15pm Sunday 11th August Live Music 6.15pm Billy Crosbie 8.00pm

T: 021 477 2131 www.thebulman.ie

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THE LYRIC THEATRE, BELFAST AND THE EVERYMAN PRESENT

## PRIDE THE MUSICAL PREJUDICE

NEW MUSICAL ADAPTATION OF THE NOVEL BY JANE AUSTEN BY RICHARD CROXFORD & MARK DOUGHERTY

#### Wed 14 - Sat 31 August, 8pm

(EXCL SUNDAYS)

Tickets: Mon - Thu €25 Concession €22 | \*Family Price €80 Fri - Sat €28 | Concession €25 \*Family Price €100 (\*4 Tickets)



EVERYMAN





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## Life Science Consultants

Life Science Consultants works with market leading Pharma and Medical Device manufacturers in Ireland and globally. Due to significant growth, we are currently looking to grow our team in our Kinsale Office:

#### **RECRUITER TRAINEE:**

We are looking for a focused, tech savvy individual to join our recruitment team in Kinsale. If you are a Science or Engineering graduate, who has worked in the pharma or medical device industry that would be great, but not essential.

• The role will suit someone who likes dealing with people, good communication skills are a must have.

• The key part of this role is finding the right technically qualified people to work on our client projects, so you will need to have the tenacity to go and find solutions for our client.

• This is an office based role, so you will need to be familiar with MS Office, Word and Excel, and able to work your way through different databases.

#### SCIENCE/ENGINEERING RECRUITMENT CONSULTANT:

As a Recruitment consultant you will be responsible for the pre-screening of candidates and maintaining up to date and accurate information on the database. • Excellent communication skills are required for

this role.

• Candidates will need to be self driven with an ability to set and meet targets.

• The ideal candidate for this role will have a Science or Engineering degree with previous work experience in a Pharmaceutical or Medical Device manufacturing or service company. This role may suit someone with considerable Pharmaceutical or medical device industry experience looking for a change in direction.

• Prior experience in recruitment is preferable but not essential.

Prospective candidates should email their CV to recruit@lsc.ie with the role they are applying for included in the email subject. Fax: +353 21 4700971 Web: www.lsc.ie Tel: +353 21 4777329





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## FIRST OF THE FLEET CARS ARE BACK

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MENU Served in the Bar TUESDAY - SUNDAY Sample Menu

Homemade Scampi with Homemade Tartar Sauce & Salad €11.50

Harp Battered Fish & Chips with Homemade Tartar Sauce €10.50

> Toddies Homemade Lobster Risotto €15.50

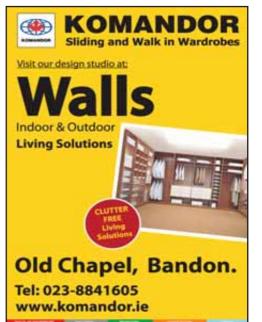
Thai Green Curry with Jasmine Rice €12.50

> Slow Roasted Pork Belly with Asian Vinaigrette €14.50

Scallops, Calamari, BBQ Ribs & much more...

Please note this is a sample menu and changes every evening.







It is widely understood that negative effects of anxiety, depression, drug & alcohol addiction, self-harm, suicide and adverse relationships have a significant impact on the mental health of our young people and their families.

Are you concerned about your own or someone else's Health and Wellbeing?

FOR FREE AND CONFIDENTIAL advice and support contact Youth Health Support Worker, Tom Walsh Mobile: 085 8725789 Office: 021 4774772 Email: tom@kyss.ie Kinsale Youth Support Service, Church Sq., Kinsale

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### Spectacularly located on Kinsale's waterfront

Why don't you call round for a bite to eat or have a drink and enjoy the view of Kinsale Harbour

#### Award-winning Pier One Restaurant

With something for everyone, our à La Carte menu will always keep you coming back for more!

#### Wharf Tavern

NEW Extensive Bar / Snack menu available from noon daily

Very popular Carvery served daily is a lunchtime favourite.

Live Music Saturday 10th August Shane & Friends

FREE WiFi available to customers in the Wharf Tavern







World's End, Kinsale, Co. Cork tel +353 (0)21 4779300 info@tridenthotel.com www.tridenthotel.com





Friday 9th August 10.30pm til close

## THE LOST GECKO

Saturday 10th August 10.30pm til close

## KING K

## MINDFULNESS GROUP

#### Do you ...

- Struggle to truly relax/be calm?
- Find it hard to stop rushing/chasing your tail?
- Feel your head/thoughts are ruling your life?
- Feel life is boring, monotonous or stale?

#### Do you want to ...

- Find balance and meaning in each day?
- Develop a mindfulness practice.
- Begin to foster/develop deeper & happier relationships?

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> Call 087 135 9198 Places limited Cost €125



DELICATESSEN & BISTRO Guardwell, Kinsale

Guardwell, Kinsale Ph: 477 4453

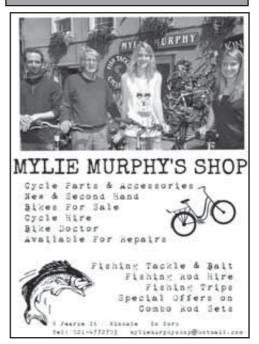
#### Serving Lunch Tues - Sat: 12pm - 4pm Serving Breakfast Saturdays from 10am

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Before

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#### Carrigaline Hypnotherapy & CBT Centre

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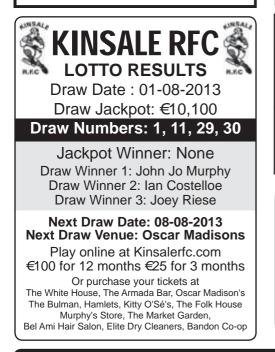
Stop Smoking in One Session Weight Loss - Gastric Band Hypnosis using HypnoBand System

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Ardbrack Heights, Kinsale 2 Bed Apartment overlooking harbour. €840p/m - Suit quiet couple or 2 singles Not suitable for children. Call 087 214 6574





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Pearse Street, Kinsale

Rachel O'Brien formerly of Toni+Guy, Kaizen, Origin & Kinsale. with Stylist Michelle Connolly

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## SITUATIONS VACANT



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Worlds End,

#### We are currently recruiting for a *Chef de Partie*



- Candidate must be:
- Experienced
- A strong team player
- Have a flair for providing good food
- Fluent in English

To discuss this opportunity further please contact Paula on 021 4779300

hr@tridenthotel.com



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#### **DRIVERS REQUIRED**

Full Time / Part Time, D1 Licence Essential, Fluent in English.

Apply to Box No. 22/13 c/o Kinsale Advertiser, Emmet Place, Kinsale.

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Sales & Marketing Assistance to Managing Director & Europe Sales Director for growing global events & publishing business. Russian language skills a plus. Please send CVs to amcentyre@breakbulk.com



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## & WAITING STAFF

This is an excellent opportunity to join a busy & dynamic bar & restaurant team. Strong English essential.

CVs with covering letter to HR Manager, Blue Haven, 3-4 Pearse St, Kinsale or hr@bluehavenkinsale.com



#### is currently recruiting for Bar/ Waiting Staff.

Contact Margaret: 086 8175409 whitehousekinsale@eircom.net

## NOTICES

KINSALE LEGAL ADVICE CENTRE

If you are seeking Legal advice on any matter why not consult our advice centre? To book an appointment for the next free Legal advice clinic call 021 4776760 or visit us at www.albertwolfeandcosolicitors.ie

**COUNTRY MARKET & CAR BOOT SALE** GARRETTSTOWN OLD HEAD PITCH & PUTT CLUB (AT THE CLUBHOUSE) Sun 11th Aug 11am - 3pm Ph: 087 2240217

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#### Kinsale Heritage Town Walk

DERMOT RYAN 086 826 7656 From The Tourist Office at 10.30am Daily & 3pm (by Appointment)

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"Start in Kinsale with Dermot Ryan and you will not go wrong"

"...knows more about the town's history & geography than anyone you're going to meet there"

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From the Tourist Office @ 11.15am Daily Early Bird @ 9.15am, Mon - Sat

> "Excellent ...Kinsale's single best attraction" - Rick Steves

www.HistoricStrollKinsale.com Tel: 087 2500731 Adults €6 / Children €1 -Celebrating our 21st Season-



#### **Kinsale Town Council** DOG FOULING

As part of tackling dog fouling in Kinsale, Kinsale Town Council has free dog fouling bags available at the Town Hall.

To make this even more effective, Kinsale Town Council is looking for businesses to volunteer to keep dog fouling bags on their premises and distribute them to any person who looks for one. Kinsale Town Council will supply the bags and also a small notification which can be placed on the window of the business stocking the dog fouling bags.

Bags will be available at a maximum of two per person per day from each distributing location.

For further details or to volunteer your business please contact the Kinsale Town Council office on 021 4772154

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ARMADA BAR: The Rare Ould Boys. BACCHUS NIGHTCLUB: DJ Garian, 11.30pm. BLUE HAVEN: Blue Fusion, 10pm. DERMOT RYAN'S HERITAGE WALKS: 10.30am Daily from the Tourist Office. DON & BARRY'S TOURS: The Tourist Office 9 15am & 11 15am FOLKHOUSE: The Hoots, 10.30pm. HAMLETS: R'n'B Niaht. KINSALE HARBOUR CRUISE: Cruises: 12pm, 2pm, 3pm, 5pm KINSALE MUSEUM: Open 10.30am -1.30pm. SILENT BANJO: The Lost Gecko, 10.30pm. SPANIARD BAR: Jug A Punch, 10pm. WHITE HOUSE:

FRI 9th AUG

Puc Ar Buile, 10.30pm.

#### SAT 10th AUG

ARMADA BAR: Dublin Pete BACCHUS NIGHTCLUB: DJ Sean, 11,30pm. BLUE HAVEN: The Hunt Dog, 10pm. BULMAN BAR: The Jooks, 10.15pm. DERMOT RYAN'S HERITAGE WALKS: 10.30am Daily from the Tourist Office DON & BARRY'S TOURS: The Tourist Office 9.15am & 11.15am. FOLKHOUSE: The Fantasy Jam Band, 10.30pm. BUTTERFLY WALK WITH MARGARET THUILLIER: 2.15pm at entrance to Charlesfort.

#### HAMLETS:

DJ Night and Cocktail Party.

KINSALE HARBOUR CRUISE: Cruises: 12pm, 2pm, 3pm, 5pm. KINSALE MUSEUM: Open 10.30am -1.30pm. OSCAR MADISONS: Puc Ar Buile, 10.30pm. SILENT BANJO: King K, 10.30pm. SPANIARD BAR: King K, 10pm WHARF TAVERN AT THE TRIDENT HOTEL: Shane & Friends, 9.30pm. WHITE HOUSE: Pete James, 10.30pm.

#### SUN 11th AUG

ARMADA BAR: Dan The Man. BLUE HAVEN: Sonnie and Friends, 9.30pm. BULMAN BAR: Live Music, 6.15pm. Club on the Rocks with Billy Crosbie 8pm. COUNTRY MARKET AND CAR BOOT SALE: Garretstown Old Head Pitch and Putt Club, 11am - 3pm DERMOT RYAN'S HERITAGE WALKS: 10.30am Daily from the Tourist Office. DON & BARRY'S TOURS: The Tourist Office, 11.15am. FOLKHOUSE: King K. HAMLETS: Niall McCabe Band. KINSALE HARBOUR CRUISE: Cruise at 12pm, 2pm, 3pm, 4pm, 5pm. SILENT BANJO: Keltic Knights, 10.30pm.

WHITE HOUSE: Break The Mould, 10.30pm.

#### MON 12th AUG

ARMADA BAR: Live Music. BLUE HAVEN: Arundo & Irish Dancers, 9.30pm DALTONS BAR: Traditional Music. DERMOT RYAN'S HERITAGE WALKS: 10.30am Daily from the Tourist Office. DON & BARRY'S TOURS: The Tourist Office 9.15am & 11.15am. KINSALE HARBOUR CRUISE: Cruises: 12pm, 2pm, 3pm, 5pm. SPANIARD BAR: Traditional Music Session.

#### TUES 13th AUG

ARMADA BAR: The Merry Stems. BLUE HAVEN: Sonnie & Friends, 9.30pm. DALTONS BAR: Trad Music Session. DERMOT RYAN'S HERITAGE WALKS: 10.30am Daily from the Tourist Office. DON & BARRY'S TOURS: The Tourist Office 9.15am & 11.15am. KINSALE HARBOUR CRUISE: Cruises: 12pm, 2pm, 3pm, 5pm.

#### WED 14th AUG

ARMADA BAR: The Merry Stems. BLUE HAVEN: Niall McCabe Band, 9.30pm. DERMOT RYAN'S HERITAGE WALKS: 10.30am Daily from the Tourist Office. DON & BARRY'S TOURS: The Tourist Office 9.15am & 11.15am. **EVERYMAN THEATRE:** Pride & Prejudice, 8pm. Until 31st August. FOLKHOUSE: Jacked Up Mikes, 9.30pm. HAMLETS: Music with Old No. 7. New Italian Night every Wednesday. KINSALE HARBOUR CRUISE: Cruises: 12pm, 2pm, 3pm, 5pm. KINSALE MUSEUM: Open Weds to Sat 10.30am -1.30pm. SPANIARD BAR: Easy Folk with Joe.

9.30pm. WHITE HOUSE: Leon Buckley, 9.15pm.

#### THURS 15th AUG

ARMADA BAR The Merry Stems. BACCHUS NIGHTCLUB: with DJ Mark, 11.30pm. BLUE HAVEN: Arundo & Irish Dancers. 9.30pm. DALTONS BAR: Traditional Music. DERMOT RYAN'S HERITAGE WALKS: 10.30am Daily from the Tourist Office. DON & BARRY'S TOURS: The Tourist Office 9.15am & 11.15am. EVERYMAN THEATRE: Pride & Prejudice, 8pm. Until 31st August. FOLKHOUSE: GDR, 9.30pm. HAMLETS: King K. KINSALE HARBOUR CRUISE: Cruises: 12pm, 2pm, 3pm, 5pm. WHITE HOUSE: Shane & Friends, 9pm.

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SPANIARD BAR:

Trilogy, 6pm - 8pm.

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